

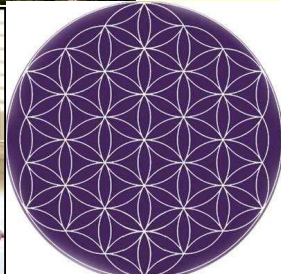


Connecting

Unity in Frederick
A Spiritual Community

~ September/October 2011 ~

**We are channels through which
Spirit illuminates the world.**



Thoughts of the Season

"The powers that we have released, could not possibly be absorbed by the narrow system of individual or national units which the architects of the human Earth have hitherto used. The age of nations has passed. Now, unless we wish to perish we must shake off our old prejudices and build the Earth."

-- Pierre Teilhard de Chardin

It has been 10 years since the destruction of September 11, 2001. We have buried the dead, grieved and mourned. We have been angry and lashed out in that anger. We have asked "Why?" and prayed for understanding.

During this 10th anniversary year, we find our world still struggling to find common ground ~~ that place out beyond the fields of right and wrong~~where we can share the knowing that we are all part of one endeavor ~~ that our languages, our religions, our cultures, our relationships are glorious and unique expressions of that Oneness. And that your expression does not diminish my expression and my expression does not diminish yours. When I celebrate you, I celebrate myself. This is the second commandment given by Jesus: "...and love your neighbor as yourself."

If we could dissolve the arbitrary lines of 'nation' in our world and view the whole planet as one large community, might we not recognize the universality of the challenges of feeding our families, finding right work, sharing our sadness and our joy with friends and family — the innate yearning to create beauty in music, paintings, sculpture, architecture — the joy that springs from our hearts at the sight of children playing, the sun rising on the water or over the mountain.

If we could see that one large community and know that its primary purpose is the care and cultivation of that which supports us all—our Earth—how would our daily actions change? Would sustainability have priority over individual gain? Would distribution systems support all parts of the body? What all life be valued? Would I recognize the "other" as my neighbor and take action to bind his or her wounds — action that would provide sufficient strength for her or him to hold the pole with which to catch the fish?

In those moments, days and weeks immediately following the bombings of September 11, 2001, I had a feeling that we caught a glimpse of that vision of dissolving lines and its impact. Today I know that the vision is still there. I continue to affirm that we are strong enough to let go of our fear of change—fear of the "other" - and be that Oneness — be that large community and build the Earth.

Blessings,



Notes from the Office!

Just the other day, I commented to Toni that I realized a manifestation that went awry! I love the feel of water and sand under my feet and the breeze in my face. What went wrong was this; I forgot to add the place I wanted to enjoy these feelings! Hawaii, the Caribbean or even Ocean City - not at Unity! I will work on my vacation dreams for next year and not let my work and vacation get mixed up!

To all those that have been involved with the flood, the renovation and the prevention of additional damage - I thank you! When the call went out, the community rose to the opportunity to help! We are now in the final phases of renovation! Hooray!

As we move forward into the fall and a period of change, harvest and thanksgiving, I am overcome with the joy that this Unity in Frederick community brings to me! I enjoy my work and helping with the services, workshops, classes, camps and events that bring Unity in Frederick to the Frederick community and beyond!

We have worked as a community to discover what is important to us - in our vision statement, mission statement and our core values! Our strategic plan is moving forward as planned and we collectively are accomplishing our goals! This work can be challenging - as most things worth doing can be!

Please keep an eye on our website for the most updated information this fall! Our Annual Congregational Meeting is on September 25th, an exciting class line up starts September 6th, a new healing service September 21st and a weekly Meditation Service starts October 2nd! Stay tuned!

Blessed by each of you,

Wendy

Unity in Frederick, a Spiritual Community

One West Ninth Street
Frederick, MD 21701
Phone: 301-846-0868
www.unityfrederick.org
unityfrederick@verizon.net

Return to 11a Service September 11, 2011

Office Hours: 9a - 4:30 p
Mon, Tues, Thurs & Fri

Rev. Toni Fish
Spiritual Leader

Wendy Poole
Office Administrator

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Connecting is the official
newsletter of
Unity in Frederick
published bi-monthly.

Submit articles to:
unityfrederick@verizon.net
by the 20th of the month
prior to the next issue.

Here is what is happening at Unity in Frederick

Sunday Services & Classes

Sunday, September 4 ****Bring a Friend**

10 a - **Celebration** - Jude Oyler
11 a - Fellowship & Birthday Cake

Sunday, September 11

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish
11a - Uni-Teen Meeting

Sunday, September 18 - **Appreciation**

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish

Sunday, September 25

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish
11a - Uni-Teen Meeting
12:15 p - Potluck Brunch

12:30 p - **Annual Congregational Meeting**

Sunday, October 2: ****Bring a Friend**

11 a - **Celebration** - Rev. Toni Fish
12:15 p - Fellowship & Birthday Cake
6p - **Meditation**

Sunday, October 9 -

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish
11a - Uni-Teen Meeting
6p - **Meditation**

Sunday, October 16 - **Appreciation**

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish
12:30 p - Choir Practice
6p - **Meditation**

Sunday, October 23:

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish
11a - Uni-Teen Meeting
6p - **Meditation**

Sunday, October 30:

8:45a - Bible Study
11 a - **Celebration** - Rev. Toni Fish and Sacred Dancers
6p - **Meditation**

Classes, Meetings & Events

Bible Study

Sundays 8:45-10:10a

ACIWL

Saturdays: Sept 17 & Oct 1, 15 & 29 - 9-10a
Sundays: Sept 18 & Oct 2, 16 & 30 - 7-8p

Spiritual Yoga

Mondays 6-7:15p: Sept 12, 19, 26, Oct 7, 14, 21 & 28

Fridays 10:30-11:45a: Sept 2, 9, 16, 23, 30, Oct 7, 14, 21 & 28

Keys to the Kingdom - 7-9p

Tuesdays - Sept 6, 13, 20, 27, Oct 4, 11 & 18

Unity Basics Class - 7-9pm

Tues, Wed & Thurs - Oct 25, 26 & 27

Revolutionary Agreements Reunion

First Thursdays - Sept 1 & Oct 6 - 6:30p

Spiritual Vegetarianism Meeting

First Wednesdays - Sept 7 & Oct 5 - 7:00p

Outreach Ministry Meeting

1st Sundays (except Sept) - Sept 11 & Oct 2 - 12:30p

Prayer Shawl Ministry Meeting (call office for meeting place until lower level is completed)

3rd Thursdays, Sept 15 and Oct 20 - 7p

Prayer Chaplain Ministry Meeting

Saturday, September 17 - 11a-4p

Healing Ministry Meeting

2nd Sundays (except Sept) Sept 18 & Oct 9 - 12:30p

Unity Healing Service

Third Wednesdays - Sept 21 & Oct 19 - 7:30p

9/11 10th Anniversary Interfaith Gathering

(Baker Park Band Shell - rain location: Calvary Methodist) - Sunday, September 11 - 2:00p

Spirit Fest

October 15 - 10a - 4p

Drumming Circle

September 24 & October 22 - 6:30 - 8:30pm

Pot Luck Fun & Games - 5:30-9:30p

Sept 10 & Oct 8

Unity Tuesday Classes coming soon:

Mandala Meditation Holiday - Nov 1 - Dec 13

Revolutionary Agreements - Jan & Feb 2012

Birthdays

NOVEMBER

11/03 Mary Richmond
 11/03 Wendy Poole
 11/05 Liz Hager-Cothren
 11/06 Maria Vanegas
 11/12 Donna Simon
 11/17 Odhin Batten
 11/27 Patrick Scott
 11/30 Barbara Buckley
 11/30 Dahlia Cain



DECEMBER

12/02 Patty Holcombe
 12/05 Jada Hood
 12/05 Quinn Cochran
 12/06 John Rhodes
 12/08 Sandy Boyer
 12/09 Ray Baker
 12/10 Leslie Jackson
 12/10 Russel Rogers
 12/11 Kirk Swaim
 12/15 Maria Makinson
 12/18 Chris Kraus
 12/19 Anika Rose Poteat
 12/22 Deb Wentling
 12/25 Pauline Cilladi-Reher
 12/29 Mona Thiel
 12/31 Michael Cain



Music Notes -

What an awesome time we had at the Sound Connections Conference! Thank you so much for the opportunity. It was an amazing experience on so many levels. We are just now coming down from our cloud.

At the conference, Brent and I connected with other Unity Musicians and Music Directors, heard amazing keynote speakers/musicians/songwriters like Megon McDonough, Jan Garrett and JD Martin, Karen Taylor Good, and attended workshops like "AmaSing Vocals", "Music Ministry Nuts & Bolts", "When Ministers and Music Directors Talk", "Music as a Healing Modality", "Keeping Up With Copyright", "Deepening Your Prayer Life with Music", "Hosting a Special Event", and "The Harmony of Songwriting". It was five days packed with so much we are still processing it all.

Again, thank you. Brent and I are so grateful to have had this opportunity. I'm looking forward to putting into practice all that was learned in those five energy packed days at Sound Connections 2011.

Let the Music Play!
 Patty P.





Drumming Circle!

Fourth Saturday Drumming
Circle

September 24 & October 22

6:30 - 8:30p

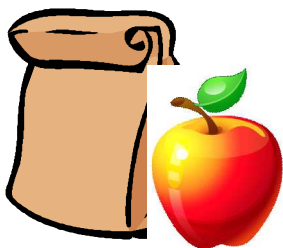
Relax and enjoy the vibration and energy as everyone (who wants to) takes part in this lively and creative gathering.

No experience needed!

Open to all ages and abilities - and please, bring a friend!

If you have extra percussion or wind instruments that you are willing to share, please bring them too!

Book and Bag



Join us on Fridays at noon
for brown bag lunch
and book discussion!

Bring your lunch! Bring a friend!

No advance reading or reading outside of the group is needed!

Watch the website (after Sept 12th) for the current book title.

Lightweaver Ministry Call to Action

Are you a giving person with a friendly smile to share? Do you enjoy meeting new folks when they visit Unity for the first time? Would you be interested in serving as a Lightweaver greeter for an hour or so one Sunday per month? Or perhaps you might be available on a substitute basis as needed to fill-in?

Lightweaver volunteers are needed to keep this ministry energized!

If you would like more information or to volunteer, please contact Deborah Wilcox (debwil7703@gmail.com/301-620-4208) or Sandy Souder (sansmagic@comcast.net/717-579-2612) for any volunteer opportunities.

Outreach F.A.N. (Fill A Need) Ministry

Outreach FAN Ministry will focus on both outreach to the Frederick community and in-reach to our Unity Community. Frederick community activities will include more food drives and help with the soup kitchen. Unity in-reach will include reaching out to our community members in their time of need, lending a helping hand, and continuing to grow a strong spiritual connection among us all.

Become a FAN! Unity in Frederick's Outreach FAN Ministry welcomes you to join us! Our next meeting is Sunday, September 11th at 12:30PM or right after service. Watch Unity's Uni-to-Know weekly email for current need requests and watch the Unity website (under Ministry Activities) for meeting dates! We look forward to seeing you!

Love In Action

Love-in-Action is where you start your volunteering at Unity in Frederick! When you find an area you would like to volunteer in or discover some available time to share, please contact me! We have openings for Celebration Team, Hospitality, Lightweavers, Bookstore, Garden Team, Tool Belt Team and more! Matching you to the right opportunity and supporting you with introduction to Team Leaders or offering training (if needed) will be my pleasure!

Due to scheduling conflicts, we have cancelled the Celebration Team Training on Saturday, September 10th! Please watch for an email and flyer that will update the responsibilities and schedule for all Celebration Team members!

Sandy Souder, Love In Action Coordinator
(sansmagic@comcast.net/717-579-2612)

Prayer Shawl Ministry

Unity in Frederick has started a **Prayer Shawl Ministry**. We will knit, crochet or weave shawls. If these crafts are not a part of your knowledge, we will teach you how to do them and we would enjoy your participation. The purpose of this ministry is to create and give tangible evidence of our prayers for people of our congregation, friends and those in our community for whom we are affirming healing, comfort, peace or celebration of a special event. Prayer shawls are a reminder to people that they are never alone. Often these shawls are the hug someone needs when no one is around.

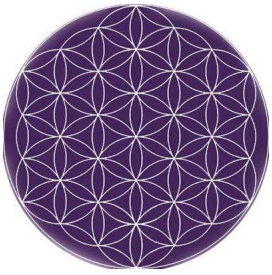
Join us on third Thursdays,

Sept 15 & Oct 20

7 - 9p - in the lower level

If you have any questions, speak to Maxine French (301) 663-4089.





SPIRIT FEST 2011

Unity in Frederick will again host

Spirit Fest, a holistic fair,

on Saturday, October 15th

10:00am - 4:00pm.

1 West 9th Street Frederick, MD 21701

Admission is free! Reasonable fees for sessions.

The fair will provide attendees the opportunity to sample various healing techniques such as:

Massage, Reiki, Healing Touch, Palmistry,

Intuitive Readings and Spiritual Prayer.

The fair will also feature snacks, healthy foods and unique vendors.

For more info see the link on

the website www.unityfrederick.org

or contact Steve Poole 301-370-5778

or stevepoole1958@gmail.com



Youth Ed Ministry

A Great Big Thank You to Kyle, Scott, Victor and everyone who has helped put our classroom and the whole basement back together again! It's still a construction zone down there but they are making progress! Hopefully, we can be back to our Sunday School routine in September! We're excited for a new look and fresh start in our classroom!

Sandy Morrell will be taking the Uniteens into World Religions this year! Thanks to Sandy! Join them for an exciting look at the different spiritual practices from around the world! More to come about this new group of teens ages 10-13.

Jan Righter will continue with the 12 Powers with the age 10 and under group! They are Understanding, Will, Order, Zeal, Release and Life! We will learn how our Unity Principles can assist our daily lives and the 12 Powers can empower us too!

Rob Love will be working on our YOU program too. Watch for more to come about this new group of 14-18 year olds!

If you would like to be on our Parent e-mail list or if you have any questions, please contact Jan Righter at silverladyjan@myactv.net.

**A side note from
the office!**

For anyone who is volunteering or otherwise working with our youth; we need to have a background screening completed now. If you have not been screened this year, please contact the office for an authorization form. Upon completion of the authorization, we will have the screening completed.

Thank you!

Wendy Poole

The Healing Ministry of Unity in Frederick

Our new Healing Ministry has been exploring many opportunities to serve others in our own Unity community and in the larger community. Currently, we will offer a service here and also participate in community events such as Frederick's "In The Street" on September 10th. The next Healing Ministry meeting is September 18th at 12:30 pm. Please join us as we launch our new service and explore other options to serve.

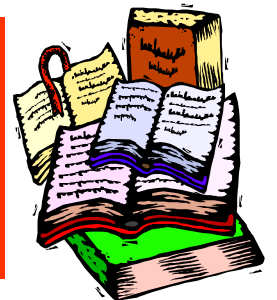
Soon to begin is the new monthly Healing Service on the 3rd Wednesday of the month at 7:30pm. The first one is scheduled for September 21st. This healing service is provided by our own Unity healers. The general public is invited to attend.

Please contact Linda Irvine if you have any questions or would like to be a participating practitioner. 240-687-3359 or lindacirvine@gmail.com.

Bookstore hours:

Sundays following Service - during Fellowship

Monday, Tuesday, Thursday and Friday - 9 to 4:30p



Spiritual Bindings Bookstore

Carrying a wide selection of books published by Unity School of Christianity and other popular metaphysical titles

Books on Healing, Prosperity, Prayer, Meditation, Mandalas, Yoga, Unity Basics World Religions and More!

Also see our full line of beautiful cards, and items for inspiration and gifts.

DON'T SEE WHAT YOU'RE LOOKING FOR?

Contact Cassie for orders - spiritualbindings@unityfrederick.org

Sunday Morning Bible Class

Walking Through the Old Testament

Facilitator: Rev. Toni Fish

Sunday mornings 8:45-10:00am

Join us on Sunday, September 11th!

Join us as we continue our exploration of the Old Testament . The class offers a metaphysical discussion of the Old Testament and how these teachings and stories apply to our daily lives.

Everyone is invited to participate – to learn about and to discuss the Bible — its structure, its purpose, its writers, its relevance.



Quest is a supportive, loving, spiritual community for gays, lesbians, and all others on a path of awareness and growth offering thought provoking discussions and inspirational humor.

It's school time for the children once again! And who are we? Children attending the school of life! We will begin our "studies" on **Friday, September 16th, 7 - 9 pm**. Please join us as we continue with "The Quest" by Richard and Mary-Alice Jafolla.

No book purchase or advanced reading is required.

Please join us on the 1st and 3rd Fridays (except holidays), from 7-9pm.

Contact the office for additional information 301-846-0868 or unityfrederick@verizon.net

Spiritual Yoga

A Moving Meditation



Yoga suitable for everyone, including beginners - Many Yoga supplies are available in the Bookstore to support your yoga practice.

Candlelight Spiritual Yoga

Monday nights

6:00-7:15pm

Spiritual Yoga

Friday mornings

10:30-11:45am

Suggested Love offering

\$10-15

Or whatever you are led to give.

inspired by

- Eric Butterworth
- Mike Dooley
- Marianne Williamson
- Wayne Dyer
- Abraham - Hicks
- and many more...
- *(no religious affiliation)*

we meet

- thursday evenings
- twice a month
- beginning Sept 2011
- frederick, md
- all are welcome
- free of charge

Do you read
**Abraham-Hicks,
Wayne Dyer, or Louise Hay?**

A local group is now forming!



For info please contact JoyGroup@earthlink.net, (301) 693-9580, or annduffy@gmail.com



Class 1: Mandalas and the Great Round

Class 2: Stages 1-3: Preparation

Class 3: Stages 4-6: Claiming the Self

Class 4: Stages 7-9: Functioning in the World

Class 5: Stages 10-11: Releasing and Falling

Class 6: Stage 12: Opening to Grace

Class 7: Stepping into the Center

Give Your Self
a Mandala Journey
for the Holidays!

Tuesday November 1 through

Tuesday December 13

7:00 - 9:00 pm

Cost: Love Offering

Facilitator: Rev Toni Fish

Connecting Classifieds

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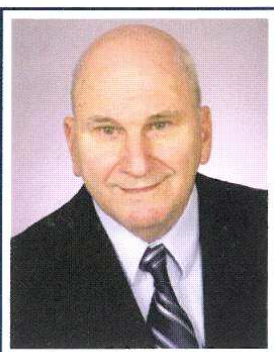
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E-mail: thepoolteam@gmail.com

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EMERY CSULAK

ASSOCIATE BROKER

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To place an ad in our **Connecting Classifieds**,
email a jpeg file of your business card to unityfrederick@verizon.net
or drop off your business card at the office. "Business card" ads are available for
\$10 per issue or \$50 for six issues.

Five Basic Beliefs of Unity

- ☞ There is only One Presence and One Power, God the Good.
- ☞ The Divinity of Humankind - we each have Divine Presence within.
 - ☞ The Formative Power of Thought - Thoughts are things.
 - ☞ The Practice of the Presence through prayer, meditation, affirmations and denials.
- ☞ The Law of Demonstration - we are co-creators with God and take responsibility for living the Truth

One of the greatest sources of energy is pride in what you are doing.

- Spokes



Prayer for Unity in Frederick

Thank you, Father Mother God, for guiding Unity in Frederick. We now manifest all the resources needed to maintain our current church home and we are open to a clear vision of the next stage of our journey. With renewed commitment, together we create the success of our Spirit-ordained purpose. We are growing community and prosperity through vision, commitment and passion.

And so it is, amen.

Prayer Chaplain's Message

**Prayer Chaplain Training will be held on
September 17th from 11am - 4pm.**

Join this ministry!

**Hold each other in the light and love of God
helping others with concerns or joys!**

**If you would like more information
contact Naomi Davis, 301-898-0159
or any of the prayer chaplains.**

FISCAL YEAR 2011 Operating Budget

FY 11 Goal \$141,311.00		Monthly Goal \$11,775.92	
Actual Year-to-Date (Oct 10 - July 11)		Current Month to Date (August 11)	
Income	\$124,814.27	Income	\$ 12,778.61
Expenses	<u>120,163.66</u>	Expenses	<u>\$ 11,141.71</u>
	\$ 4,650.61		\$ 1,636.90

Activities at Unity in Frederick a Spiritual Community

Weekly –

Spiritual Yoga – Every Monday evening - 6 - 7:15p
Every Friday morning - 10:30 - 11:45 a

Celebration Service and Sunday School -

Every Sunday morning -

11 - 12noon (these times resume on Sept 11)

Every Sunday evening (New - starting October 2, 2011)

Meditation Service - 6 - 6:45p

Monthly –

Spiritual Vegetarianism – 1st Wednesday of every month 7:00-9:00 pm (note this change of week!)

Quest - GLBT Spiritual Community - 1st and 3rd Friday of every month 7:00-9:00pm

Potluck & Fun & Games Night - 2nd Saturday of every month 5:30-9:30pm

Healing Service - 3rd Wednesday of every month
7:30-8:30pm

Drumming Circle - 4th Saturday of every month
6:30 - 8:30pm

Unity in Frederick welcomes you!!

Free events – Open to all!